

## MOPS Meetings

We meet the **1st** and **3rd Tuesdays** of each month September to May from **9:30-11:30 a.m.**

We meet at:

Calvary Baptist Church  
1250 University Drive  
State College, PA

### Meeting Dates:

September 21<sup>st</sup>  
October 5<sup>th</sup> & 19<sup>th</sup>  
November 2<sup>nd</sup> & 16<sup>th</sup>  
December 7<sup>th</sup> & 21<sup>st</sup>  
January 4<sup>th</sup> & 18<sup>th</sup>  
February 1<sup>st</sup> & 15<sup>th</sup>  
March 1<sup>st</sup> & 15<sup>th</sup>  
April 5<sup>th</sup> & 19<sup>th</sup>  
May 3<sup>rd</sup> & 17<sup>th</sup>

## You can be a part of MOPS even if you're not a mother of a preschooler!

- Be a childcare worker.
- Make a monetary donation.
- Donate snacks or craft supplies for the Moppets program.
- Suggest or be a speaker.
- Pray for MOPS moms and leaders.



## Registration

Registration fee\* for MOPS International is \$23.95. First semester dues are \$21.00, second semester \$30. (\$3/mtg.)

The membership fee includes:

- Meetings, speakers & crafts
- MOMSense Magazine
- Mom-E-mail
- MOPS Bumper Sticker
- "No Mom Alone" 2-in-1 frame magnet
- MOPS Bag Tag
- MOPS Reusable Shopping Bag

\*Scholarships are available if needed.

**Your first meeting is FREE, so please come and check us out!**

For more information please contact:

**Leigh Anne Riefner**

814-861-3971

[statecollegemops@yahoo.com](mailto:statecollegemops@yahoo.com)

[www.statecollegemops.com](http://www.statecollegemops.com)

[www.mops.org](http://www.mops.org)

State College MOPS is sponsored by:

New Hope Church

P.O. Box 194 State College, PA

[www.newhopssc.org](http://www.newhopssc.org)

## State College



*invites you to:*



*The MOPS experience equips women for the joys and challenges of their lives as moms. Join us this year!*



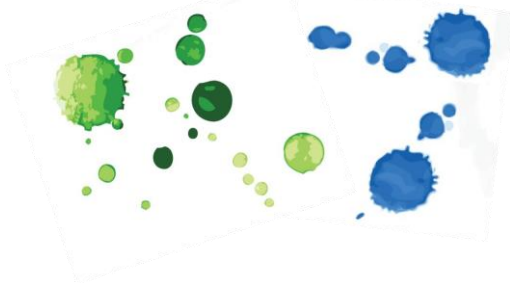
*If you are a mom who...*

- is pregnant or has a child newborn through kindergarten...
- desires to **make new friends...**
- wants to share the **challenges** and **joys** of motherhood...
- is looking for opportunities for **personal growth** through trusted resources...
- enjoys **giving back** to the community...

*...then YES!*

*State College MOPS*

*is for YOU!*



## What Is MOPS?

MOPS stands for **M**others of **P**reschoolers, a program designed to **nurture mothers** with children from infancy through kindergarten.

It is a **safe, loving** environment where moms have the opportunity to make new friends, share experiences, and laugh together. They learn Biblical principles pertaining to womanhood, parenting, and marriage.

MOPS also provides opportunities for social outings throughout the year.

## MOPPETS

**Free quality childcare** is provided by **loving** and **nurturing** volunteers through the MOP-PETS program. These volunteers are *carefully* selected and are excited to serve because they share in our passions for encouraging mothers and caring for their children. The children are divided into age appropriate classes.

Their teachers help them experience God's love for them through planned activities such as games, stories, crafts, music and physical play. Calvary Baptist has very nice childcare facilities. Nursing infants may remain with mom.



In 2010, MOPS invites you to join in the learning process as together we explore:

## Momology

The Art and Science  
of Mothering

Mothering is both art and science. It combines all of us who we are to shape healthy, resilient kids. Mothering is so complex it requires both sides of our brain - not to mention our hands and feet, eyes and ears, mouth and (sniff, sniff) unfortunately, sometimes even our noses!

There's the scientific side of mothering where we develop a hypothesis based on certain principles, test that hypothesis in real-time, consider the results and decide what parts worked and what parts didn't. We keep refining our hypothesis until we find what works for us.

Intertwined with the scientific, mothering requires an artistry that shades with our personality, colors with our unique gifts, and blends past and current experiences.

*Even there your hand will guide me, your right hand will hold me fast." Psalm 139:10*